



NCJA Breakfast Menu



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



Made to Order Omelets

Main Plate

Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Bacon	Bacon	Bacon	Bacon	Bacon
Sausage	Sausage	Sausage	Sausage	Sausage
Hash browns	Hash browns	Hash browns	Hash browns	Hash browns
Biscuits & Gravy	Biscuits & Gravy	Biscuits & Gravy	Biscuits & Gravy	Biscuits & Gravy
	Breakfast Casserole	Breakfast Casserole	Breakfast Casserole	Breakfast Casserole



Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs
Turkey Sausage	Turkey Sausage	Turkey Sausage	Turkey Sausage	Turkey Sausage
Fresh Cut Fruit	Fresh Cut Fruit	Fresh Cut Fruit	Fresh Cut Fruit	Fresh Cut Fruit

Day Breakers

Pancakes	Pancakes	Pancakes	Pancakes	Pancakes
Waffles	Waffles	Waffles	Waffles	Waffles
Danish ,Muffins	Danish ,Muffins	Danish ,Muffins	Danish ,Muffins	Danish ,Muffins
Bread & Bagel Bar	Bread & Bagel Bar	Bread & Bagel Bar	Bread & Bagel Bar	Bread & Bagel Bar

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Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar
Creamy Stone Mill Grits	Creamy Stone Mill Grits	Creamy Stone Mill Grits	Creamy Stone Mill Grits	Creamy Stone Mill Grits
Cold Cereal Selections	Cold Cereal Selections	Cold Cereal Selections	Cold Cereal Selections	Cold Cereal Selections



Yogurt & Fruit Bar	Yogurt & Fruit Bar	Yogurt & Fruit Bar	Yogurt & Fruit Bar	Yogurt & Fruit Bar
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Menu Subject to Change



NCJA Lunch Menu



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



Main Plate

Teriyaki Glazed Chicken	Sloppy Joes	Fried Chicken	Fried Pork Loin Chops	Fried Catfish Nuggets
Steamed Rice	Cheesy Potatoes	Macaroni & Cheese	Loaded Mashed Potatoes W/ Gravy	Twiced Baked Potatoes
Steamed Broccoli	Corn on the Cobb	Steamed Cabbage	Savory String Beans	Sauteed Squash & Onions

Spring Rolls	Cornbread Muffins	Cornbread Muffins	Cornbread Muffins	Hush Puppies
Apple Crisp	Blueberry Crisp	Peach cobbler	Strawberry Short Cake	Chef's Selection



Spinach Lasagna Rolls	Lemon Parmesan Chicken	Oven Roasted Chicken	Healthy Broccoli & Cheese ake	Mexican Meatloaf
	Roasted Cherry Tomatoes W/ Angel hair pasta	Healthy Creamy Mac & Cheese		Spanish Rice
Vegetable Medley	Squash Medley	Stewed Tomatoes & Okra	Roasted Vegetables	Spiced Carrots



Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad	Tuna Salad
Garden Pasta Salad	Garden Pasta Salad	Garden Pasta Salad	Garden Pasta Salad	Garden Pasta Salad
Potato Salad	Potato Salad	Potato Salad	Potato Salad	Potato Salad



Smoked Sausage W/ Peppers & Onions	Chicken Philly Sub	Turkey/Ham/Bacon & Cheddar Cheese Paninis	Spicy Fried Chicken Club	Fried Fish Sandwich
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Crunchy & Spicy Chicken Fajitas	Assorted Pizzas & Pastas	Chicken Fajitas	Assorted Pizzas & Pastas	Fish Tacos
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Chef Choice	Chef Choice	Chef Choice	Chef Choice	Chef Choice
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Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections
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NCJA Dinner Menu



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



Main Plate

Hamburger Steak W/ Mushroom & Onions	Oven Baked Pork Loin Chops	Roasted Turkey W/ Gravy	Sliced Roast Beef W/Au jus
Mashed Red Bliss	Candied Yams	Cornbread Stuffing	Mushroom Rice Pilaf
Peas & Carrots	Collard Greens	Peas & Carrots	Garlic Seasoned Vegetables
Cornbread Muffins	Garlic Bread	Cornbread Muffins	Cornbread Muffins
Apple Crisp	Cherry Crisp	Peach cobbler	Strawberry Short Cake



Creamy Chicken & Pasta	Maple Salmon	Healthy Eggplant Parmesan	Tumeric Chicken Stew
Healthy Collard Greens Greens	Quinoa & Black Beans	Roasted Asparagus & Mushrooms	Brown Rice Indian Vegetable Bhaji



Tuna Salad Sicilian Pasta Salad Potato Salad	Tuna Salad Sicilian Pasta Salad Potato Salad	Tuna Salad Sicilian Pasta Salad Potato Salad	Tuna Salad Sicilian Pasta Salad Potato Salad
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Smoked Sausage W/ Peppers & Onions	Chicken Philly Sub	Turkey/Ham/Bacon & Cheddar Cheese Paninis	Spicy Fried Chicken Club
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Potato Bar	Sweet Potato Bar	Potato Bar	Sweet Potato Bar
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Chef Choice	Chef Choice	Chef Choice	Chef Choice
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Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections
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Menu Subject to Change