



# NCJA Breakfast Menu



MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY



Made to Order Omelet

*Main Plate*

Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Bacon	Bacon	Bacon	Bacon	Bacon
Sausage	Sausage	Sausage	Sausage	Sausage
Hash browns	Hash browns	Hash browns	Hash browns	Hash browns
Biscuits & Gravy	Biscuits & Gravy	Biscuits & Gravy	Biscuits & Gravy	Biscuits & Gravy
	Breakfast Casserole	Breakfast Casserole	Breakfast Casserole	Breakfast Casserole



Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs
Turkey Sausage	Turkey Sausage	Turkey Sausage	Turkey Sausage	Turkey Sausage
Fresh Cut Fruit	Fresh Cut Fruit	Fresh Cut Fruit	Fresh Cut Fruit	Fresh Cut Fruit

Day Breakers

Made to order Waffles	Made to order Waffles	Made to order Waffles	Made to order Waffles	Made to order Waffles
Danish ,Muffins	Danish ,Muffins	Danish ,Muffins	Danish ,Muffins	Danish ,Muffins
Bread & Bagel Bar	Bread & Bagel Bar	Bread & Bagel Bar	Bread & Bagel Bar	Bread & Bagel Bar

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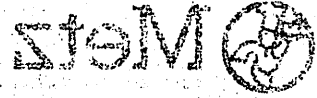
Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar	Oatmeal Bar
Creamy Stone Mill Grits	Creamy Stone Mill Grits	Creamy Stone Mill Grits	Creamy Stone Mill Grits	Creamy Stone Mill Grits
Cold Cereal Selections	Cold Cereal Selections	Cold Cereal Selections	Cold Cereal Selections	Cold Cereal Selections



Yogurt & Fruit Bar	Yogurt & Fruit Bar	Yogurt & Fruit Bar	Yogurt & Fruit Bar	Yogurt & Fruit Bar
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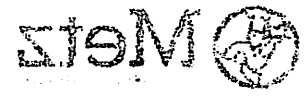


Menu Subject to Change



Made to Order Omelet

Scrambled Eggs Bacon Sausage Hash Browns Biscuits & Gravy Breakfast Casserole Boiled Eggs Turkey Sausage Fresh Cut Fruit	Scrambled Eggs Bacon Sausage Hash Browns Biscuits & Gravy Breakfast Casserole Boiled Eggs Turkey Sausage Fresh Cut Fruit	Scrambled Eggs Bacon Sausage Hash Browns Biscuits & Gravy Breakfast Casserole Boiled Eggs Turkey Sausage Fresh Cut Fruit	Scrambled Eggs Bacon Sausage Hash Browns Biscuits & Gravy Breakfast Casserole Boiled Eggs Turkey Sausage Fresh Cut Fruit	Scrambled Eggs Bacon Sausage Hash Browns Biscuits & Gravy Breakfast Casserole Boiled Eggs Turkey Sausage Fresh Cut Fruit
Made to order Waffles Danish Waffles Bread & Bagel Bar Oatmeal Bar Creamy Stone Mill Oats Cold Cereal Selections Yogurt & Fruit Bar	Made to order Waffles Danish Waffles Bread & Bagel Bar Oatmeal Bar Creamy Stone Mill Oats Cold Cereal Selections Yogurt & Fruit Bar	Made to order Waffles Danish Waffles Bread & Bagel Bar Oatmeal Bar Creamy Stone Mill Oats Cold Cereal Selections Yogurt & Fruit Bar	Made to order Waffles Danish Waffles Bread & Bagel Bar Oatmeal Bar Creamy Stone Mill Oats Cold Cereal Selections Yogurt & Fruit Bar	Made to order Waffles Danish Waffles Bread & Bagel Bar Oatmeal Bar Creamy Stone Mill Oats Cold Cereal Selections Yogurt & Fruit Bar





# NCJA Lunch Menu



MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY



*Main Plate*

*Bread & Sweets*



General Tso Chicken	Beef W/ Onion Mushrooms	Fried Chicken	Pork Marsala	Beer Battered Cod
Fried Rice	Mashed Potatoes W/ Gravy	Macaroni & Cheese	Mashed Red Bliss	Roasted Baby Bakers
Oriental Vegetables	Sweet Peas	Steamed Cabbages	Green Beans & Mushrooms	Glazed Carrots
Spring Rolls	Rolls	Corn Bread Muffins	Corn Bread Muffins	Hush Puppies
Cherry Crisp	Apple Cobbler	Peach Cobbler	Blueberry Dumplings	Apple Crumb

Sweet & Sour Pork	Coconut Curried Chicken	Oven Baked Chicken	Broiled Crab Cakes	Broiled Tilapia Parmesan
Steamed Rice	Indian Spiced Rice	Brown Rice	Oven Roasted Parmesan Potatoes	Rice Pilaf
Steamed Broccoli	Zucchini & Carrots	Tomato & Okra	Roasted Garlic Zucchini	Sauteed Spinach & Garlic

Tuna Salad	Tuna Salad	Tuna Salad	Potato Salad	Tuna Salad
Sicilian Pasta Salad	Sicilian Pasta Salad	Sicilian Pasta Salad	Coleslaw	Sicilian Pasta Salad
Potato Salad	Potato Salad	Potato Salad	Banana Pudding	Potato Salad

Bacon Ham & Cheddar Panini Sandwich	Grilled Turkey & Swiss	Cuban Style Sandwich	Chicken Club	Fried Cod Sandwich
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Beef Taco W/ Soft Shell	Queso Dip W/ Chips	Chicken Fajitas	Fish Tacos	Beef Taco W/Hard Shell
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Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections
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Menu Subject to Change

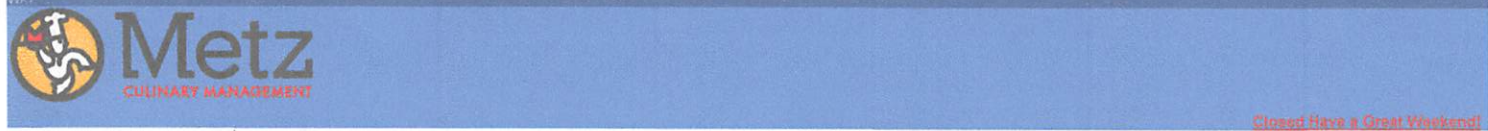




# NCJA Dinner Menu



MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY



*Closed Have a Great Weekend!*

*Main Plate*

Chicken Parmesan	Grilled Pork Loin Chops	Meatballs W/ Marinara Sauce	Carved Honey Glazed Ham
Buttered Pasta	Mushroom Risotto	Buttered Pasta	Mashed Sweet Potatoes
Garlic Cut Asparagus	Seasonal Vegetables	Savory Green Beans	Collard Greens

*Bread & Sweets*

Garlic Bread	Combread Muffins	Garlic Bread	Combread Muffins
Cherry Crisp	Apple Cobbler	Peach Cobbler	Blueberry Dumplings



Healthy Broccoli & Cheese Bake	Salmon Patties	Vegetable Lasagna	Turkey Goulash
	Carrot Rice		
Glazed Carrots	Stewed Tomatoes	Broccoli & Cauliflower	Cheesy Corn Casserole



Tuna Salad	Tuna Salad	Tuna Salad	Potato Salad
Sicilian Pasta Salad	Sicilian Pasta Salad	Sicilian Pasta Salad	Coleslaw
Potato Salad	Potato Salad	Potato Salad	Banana Pudding



Bacon Ham & Cheddar Panini Sandwich	Grilled Turkey & Swiss	Cuban Style Sandwich	Chicken Club
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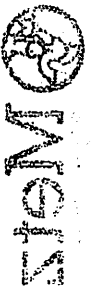
Baked Potato Bar	Sweet Potato Bar	Baked Potato Bar	Sweet Potato Bar
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Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections	Seasonal Fruit and Salad Bar Selections
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Menu Subject to Change



For selections: Seasonal Fall and Spring Seasonal Fall and Spring Seasonal Fall and Spring Seasonal Fall and Spring

Seasonal

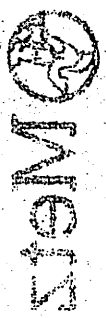
Baked Potato Bar	Sweet Potato Bar	Baked Potato Bar	Sweet Potato Bar
Seasonal Sandwich	Grilled Turkey & Swiss	Cheese Spicy Sandwich	Chicken Wrap
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Metz Danish Bakery